

# PRICE LIST AND CLASS SCHEDULE

Sil-Lum Kung-Fu

Tai Chi Chuan

Chinese Martial Arts



Modern Arnis

Chin-na

Filipino Martial Arts

*FREE TRIAL CLASSES AVAILABLE*

***In Raleigh since 1992***

*FAMILY PLANS AVAILABLE*

**TRIANGLE KUNG-FU ARNIS ACADEMY**

**3601-117 CAPITAL BLVD.**

**RALEIGH, NC 27604**

**(919)-790-0455**

**email- david@kungfuarnis.com**

**PLEASE CHECK OUT OUR WEBSITE**

**www.kungfuarnis.com**

Welcome to TRIANGLE KUNG-FU ARNIS ACADEMY. You have taken your first step toward what we hope will be a long journey in the martial arts. Our responsibility as INSTRUCTORS is to teach you “line upon line” and “precept upon precept” what it takes to become a BLACK BELT...and we take that responsibility very seriously.

**Head Instructor and Owner, Sifu David Ng is an international certified instructor in Sil-Lum Kung-Fu and Modern Arnis. Sifu David Ng has been practicing the martial arts for over 20 years. He holds his 4<sup>th</sup> Degree (Sifu) Master Black Belt in Sil-Lum Kung-Fu under 8<sup>th</sup> degree Grand Master (Si-Gung) Rick Ward and is Certified as an Advanced Instructor (Guro) 4<sup>th</sup> Degree Black Belt in Modern Arnis and a personal student under 10<sup>th</sup> degree Grand Master Remy Presas (1982 Black Belt Magazine Hall of Fame, instructor of the year, and 1994 Black Belt Magazine Hall of Fame, Weapons Instructor of the Year). Sifu David Ng is the appointed State Representative for the International Modern Arnis Federation in North Carolina, and on the Board of Directors of the International Kung-fu Arnis Association. Sifu David Ng was a member of the Cloud Forest Association under 10<sup>th</sup> degree Grand Master (Si-Gung) Wei David Kash. Sifu Ng was inducted into the Filipino Martial Arts Hall of Fame (U.S. Kali Association) in July of 1998, as Instructor of the Year, and Certified Level 4 Instructor in Comjukali Systems, under 10<sup>th</sup> degree Grand Master Gaudiosa Ruby. Sifu David Ng is a certified instructor of Yang Style Short Form Tai Chi Chuan under Grand Master (Si-Gung) Rick Ward. He holds B.A. degrees in Psychology (1991) and Sociology (1992) from Appalachian State University. He received his Master's Degree, MBA (2005) from Pfeiffer University. Sifu David Ng is a Raleigh Native and has been a Police Officer in the Raleigh/Durham area since 1995. Sifu David Ng currently serves as the Director of Public Safety/Chief of Police for WMCP & PS Department. He was the former SWAT team commander and team leader at MPD. He is a certified by the State of NC, as a Law Enforcement General Instructor and as a Subject Control/Arrest Technique (Defensive Tactics) Instructor. Triangle Kung-Fu Arnis Academy is one of eight schools of the International Kung-Fu Arnis Association under Grand Master Rick Ward.**

## **SELF-DEFENSE FOR YOU!**

TRIANGLE KUNG-FU ARNIS ACADEMY teaches many facets and fundamentals of self-defense. For the beginner, there are basic control moves designed to defend oneself against certain grabs, holds, and threatening maneuvers. Also, the student is taught basic kicks, how to do them properly and effectively, as well as how to punch and block an attacker.

The intermediate student learns the more complicated techniques, which include hand work, many knife attack defenses, weapons training, sweeps, takedowns, throws, and light sparring which trains the student to use the techniques he or she has learned in a fighting situation.

For the long term dedicated student, the learning possibilities are endless, striving for perfection of form goes on. In depth study of Sil-Lum Five Animals Kung-fu, Praying Mantis System, Chin-Na, and Modern Arnis, gives the student the opportunity to develop the Art as well as fighting ability and self-defense. The dedicated student will learn confidence, self discipline, and build strength of body and character.

For all students there is the benefit of the Emperor's Long fist / Tai Chi Chuan one of the Chinese internal martial arts. The Tai Chi form is an exercise which teaches many proper defense techniques, maintains one's health, and trains the body to be calm yet responsive. Advanced students will be able to further develop Tai Chi training for self-defense application.

To our advanced students we offer the warriors class; these are the elite within our system.

Once again, let me welcome you, and thank you for supporting this organization and giving us the opportunity to share our system with you.

**“Builders of Confidence!”**

## BASIC STARTUP PRICE WILL INCLUDE:

(all prices subject to change)

1. MONTHLY DUES
2. HANDBOOK
3. YEARLY ASSOCIATION FEE
4. UNIFORM (REQUIRED FOR KUNG-FU AND ARNIS CLASS)
5. CUP AND SUPPORTER (REQUIRED FOR MALE STUDENTS ENROLLING IN THE KUNG-FU CLASS)

- ex.**
- 1. \$75.00 (first month's dues)**
  - 2. \$10.00 (student manual)**
  - 3. \$15.00 (year 2006 association fee)**
  - 4. \$35.00 (student uniform)**
  - 5. \$10.00 (cup & supp. for male students)**

**TOTAL = \$145.00 (First month's start up)**

ALL PRICES ARE LISTED INDIVIDUALLY  
IN THE FOLLOWING PAGES.

PLEASE ASK IF YOU HAVE ANY QUESTIONS.

THANK YOU

**SIFU DAVID NG**  
**3601-117 CAPITAL BLVD.**  
**RALEIGH, NC 27604            (919) 790-0455    david@kungfuarnis.com**

**MAKE ALL PAYMENTS TO:**

**TKFAA**

*(A \$30.00 fee will be charged for returned checks.)*

**PAYMENTS ARE DUE AT THE BEGINNING OF EACH MONTH, NO LATER THAN THE 10<sup>TH</sup>. A LATE FEE OF \$20.00 WILL BE ADDED TO YOUR PAYMENT AFTER THE 10<sup>TH</sup>.**

**TRIANGLE KUNG-FU ARNIS ACADEMY**  
**PAYMENT OPTIONS and PRICE LIST** (*prices subject to change*)

## **KUNG-FU CLASS - Payment Information**

### **Monthly Dues – payment made month by month**

\$75.00 per month (For additional programs add \$10.00 to payment)

### **3 Months/ pre-payment plan paid in full**

\$195.00 for 3 month membership

*(\$65.00 per month, save \$30.00) ( for additional programs add \$20.00 to payment)\*\*\*\*SAVE MONEY\*\*\*\**

### **6 Months/ pre-payment plan paid in full**

\$330 for 6 month membership

*(\$55.00 per month, save \$120.00) ( for additional programs add \$40.00 to payment)\*\*\*\*GREAT DEAL\*\*\*\**

### **12 Months/ pre-payment plan paid in full**

\$600.00 for 12 month membership

*(\$50.00 per month, save \$300.00) ( for additional programs NO EXTRA payment)\*\*\*\*BEST DEAL\*\*\*\**

### **PRIVATE LESSONS \$40.00 PER HOUR**

For the Additional Programs ADD-\$10.00 *per month* to the payment plan\*\*\*

**Example-\*\*\*FOR STUDENTS WANTING TO TRAIN THE MODERN ARNIS CLASS AND/OR THE TAI CHI CLASS MUST PAY AN EXTRA FEE PER MONTH.**

**EXTRA FEE PRICE INCLUDES BOTH THE EXTRA CLASS PROGRAMS.**

### **International Kung-Fu Arnis Association**

*Yearly Membership Dues* - \$15.00 due beginning of every year! FOR EACH STUDENT.

***PAYMENTS ARE DUE AT THE BEGINNING OF EACH MONTH OR THE BEGINNING OF EACH PRE-PAYMENT PLAN.***

***THERE IS A \$20.00 LATE FEE FOR PAYMENTS RECEIVED AFTER THE 10<sup>TH</sup> OF THE MONTH FOR BOTH MONTHLY DUES AND PAYMENT PLANS.***

**ALL PRE-PAYMENT PLANS ARE NON-REFUNDABLE AFTER YOUR FIRST WEEK OF CLASSES.**  
**PLEASE MAKE SURE THAT YOU ARE DEDICATED TO THIS COMMITMENT IN TRAINING. THERE IS NO OBLIGATION TO CONTINUE WITH PRE-PAYMENT PLANS AFTER IT EXPIRES.**

### **PROMOTIONAL TEST FEES**

**YELLOW BELT -\$50.00**

**GREEN BELT -\$60.00**

**BLUE BELT -\$70.00**

**BROWN BELT -\$80.00**

**BLACK BELT -\$150.00**

## **MODERN ARNIS CLASS - Payment Info.**

### **Monthly Dues – payment made month by month**

\$75.00 per month (For additional programs add \$10.00 to payment)

### **3 Months/ pre-payment plan paid in full**

\$195.00 for 3 month membership

*(\$65.00 per month, save \$30.00) ( for additional programs add \$20.00 to payment)\*\*\*\*SAVE MONEY\*\*\*\**

### **6 Months/ pre-payment plan paid in full**

\$330 for 6 month membership

*(\$55.00 per month, save \$120.00) ( for additional programs add \$40.00 to payment) \*\*\*\*GREAT DEAL\*\*\*\**

### **12 Months/ pre-payment plan paid in full**

\$600.00 for 12 month membership

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### **PRIVATE LESSONS**

**\$40.00 PER HOUR**

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**Example-\*\*\*FOR STUDENTS WANTING TO TRAIN THE MODERN ARNIS CLASS AND/OR THE TAI CHI CLASS MUST PAY AN EXTRA FEE PER MONTH.**

**EXTRA FEE PRICE INCLUDES BOTH THE EXTRA CLASS PROGRAMS.**

**International Kung-Fu Arnis Association Yearly Membership Dues** - \$15.00 due beginning of every year! FOR EACH STUDENT.

|   |   |
|---|---|
| Modern Arnis Uniforms                     | \$50.00                                       |
| Top Only (Black Waist Top w/ red stripes) | \$30.00                                       |
| Pants Only (Black w/ red stripes)         | \$30.00                                       |
| SCHOOL T-SHIRT                            | \$15.00 OR 2 FOR \$25.00                      |
| Black Gi Pants                            | \$40.00 for Heavyweight Pants                 |
|   | \$30.00 for Lightweight Pants                 |
| Rank Belt                                 | \$10.00 Colored Belt \$40.00 Arnis Black Belt |
| Escrima Sticks                            | \$20.00 per pair                              |
| Stick Bag                                 | \$25.00 per bag                               |

### **PROMOTIONAL TEST FEES**

**YELLOW BELT-\$35.00**

**BLUE BELT -\$35.00 1ST & 2ND LEVEL**

**GREEN BELT -\$35.00 1ST & 2ND LEVEL**

**BROWN BELT -\$85.00 ALSO FOR 1ST,2ND,3RD STRIPE**

**Probationary BLACK BELT - \$150.00**

**1<sup>st</sup> Degree BLACK BELT -\$150.00**

## **TAI CHI Course - Payment Information.**

The Tai Chi program is taught in a 16 week court format. Classes are 1 hour 15 min long once a week during the designated course period. Time and day TBD.

**\$200.00 Course**

**PLEASE CALL FOR AVAILABILITY OF COURSE (course is based on demand).**

**TAI CHI UNIFORM- \$50.00**

***PAYMENTS ARE DUE AT THE BEGINNING OF EACH COURSE.***

**EQUIPMENT PRICES / All prices Subject to Change.**

**STUDENT MANUAL for all Programs** \$10.00

**UNIFORMS**

100% Cotton Canvas (Black) Heavyweight \$65.00  
50/50% Poly/Cotton (Black) Student Uniform \$35.00  
Frog Button Kung-Fu Uniform (Black) \$50.00

Frog Button Top Only (Black) \$30.00  
Kung-Fu Pants Only (Black) \$30.00

Arnis Pants (Black w/ red stripes) \$38.00

Association Patches (IKAA, IMAF) \$ 5.00 each (Required on uniform)  
Praying Mantis Patch or 5 animals Patch \$ 5.00 each  
School Patch \$ 5.00 each (Required on uniform)  
**3 patches for \$12.00**

**School T-Shirts** \$18.00 each Children's T-Shirts \$15.00 each  
2 for \$30.00 2 for \$24.00

*White Belts* \$ 6.00  
*Colored Belts* \$10.00 *Black Belts* \$20.00

**WEAPONS**

Escrima Sticks (Arnis Sticks) Plain Rattan \$25.00 pair  
(when available) Burned Rattan \$25.00 pair  
Stick Bags \$25.00 Dos Puntas (filipino kubotan) \$10.00  
Kamagong (Philippine hardwood) Sticks \$50.00 pair  
Hardwood Staffs (tapered or straight / 5ft. or 6 ft.) \$35.00  
Rattan Staffs (burned or plain / 5 ft. or 6 ft.) \$35.00  
Nunchuka 12"Chain \$18.00 Chinese Broad Sword \$50.00  
12"Rope \$15.00 Tai Chi Sword (Steel) \$60.00

**Kubotan Key Chains**

Metal \$ 8.00 Training Knife (metal) \$25.00  
Plastic \$ 6.00 Training Sword (metal) \$50.00  
Wood \$ 6.00

**SAFETY AND SPARRING EQUIPMENT**

Cup and Supporter \$10.00  
Mouth Guard \$ 2.00 Mouth Guard Case \$ 3.00  
Shin-Instep Pads Cloth \$15.00 Vinyl Shin Pads \$20.00  
Head Gear \$30.00 Head Gear w/ Acrylic Cage \$55.00  
Gloves \$25.00  
Boots \$25.00

**Sparring Gear Combo- Head Gear (regular), Gloves, & Boots, Cloth Shin/instep Pads, Mouth Guard & Case**  
**\$90.00 (save \$10.00)**

**SPECIAL ORDER ITEMS AVAILABLE. PLEASE ASK FOR MORE INFORMATION.  
DISCOVER(NOVUS) CARD/ VISA/ MASTERCARD AND PERSONAL CHECKS ACCEPTED**

# CLASS SCHEDULE

Subject to change.  
Effective 4-13-2010

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

**SCHOOL  
CLOSED**

1 hour mandatory  
minimum  
attendance w/in  
the 2 hour Class

**ADULT'S  
BEG./INT.  
KUNG-FU  
CLASS**  
6:00 PM  
TO 8:00 PM

**CHILDREN'S  
KUNG-FU/  
ARNIS CLASS**  
5:30 PM  
TO 6:30 PM

**ADULT'S  
MODERN  
ARNIS CLASS**  
6:30 PM  
TO 7:30 PM

1 hour mandatory  
minimum  
attendance w/in  
the 2 hour Class

**ADULT'S  
BEG./INT.  
KUNG-FU  
CLASS**  
6:00 PM  
TO 8:00 PM

**CHILDREN'S  
KUNG-FU/  
ARNIS CLASS**  
5:30 PM  
TO 6:30 PM

**ADULT'S  
Modern Arnis**  
6:30 PM  
TO 7:30 PM

**OPEN  
WORKOUT**  
9:15 AM  
TO 10:30 AM

**CHILDREN'S  
BEG./INT  
KUNG-FU  
CLASS**  
10:30 AM  
TO 11:30 AM

**ADULT'S  
BEG./INT  
KUNG-FU  
CLASS**  
10:30 AM  
TO 11:45 AM